



Newsletter

June 2016 5th edition

Welcome

Welcome to the 5th edition newsletter of the International Federation of CP Football. Please remember to stay up-to-date with all the latest news, information and developments in CP Football by visiting www.ifcpf.com or our range of social media channels detailed at the end of this newsletter.

Rio2016 Paralympic Draw

The draw for the Football 7-a-side competition at the Rio 2016 Paralympic Games was held on Friday 6th May, during the 2016 IFCPF Pre-Paralympic Tournament in Salou, Spain.

Drawn by Paulo Cruz, Football Manager for the Rio Games, and Carles Muñoz, La Federació Esportiva Catalana de Paralítics Cerebrals (FECPC), the event brought together players, coaches and spectators around the world anticipating who will be drawn in each group for Rio 2016. Tom Langen, IFCPF Technical Director, credited the hard work of the players, saying, "I'm convinced the players are looking forward to this draw, they work for a four year period very hard and now we are almost there, for this special event."

Paralympic and World Champions Russia were drawn in Group B where they will face fierce competition from the Netherlands, the most successful country in Football 7-a-side at the Paralympic Games, along with Parapan American Games runners-up Argentina and a strong USA side. The IFCPF 2015 CP Football World Championships runners-up Ukraine lead the way in Group A. Ukraine, who are fresh off their victory from the Pre-Paralympic Tournament, will be pitted against Ireland, Great Britain and Paralympic host nation Brazil, third-place finishers from the 2015 Worlds.



Rio 2016 Paralympic Draw

Football 7-a-side

Group A	Group B
1 Ukraine	1 Russia
2 Brazil	2 Netherlands
3 Ireland	3 Argentina
4 Great Britain	4 USA

The Football 7-a-side competition in Rio will be held from 8th-16th September in the Deodoro Stadium.

Speaking about the draw, Irish head coach JJ Glynn said: "It's the toughest draw we could have got, but on a positive, we have played two of the three teams we will face in Rio this week [during the 2016 Pre-Paralympic Tournament] so we know where we are in relation to them, and we know what we need to do to beat them. So for now, it's heads down, work hard and we are looking forward to Rio - nothing comes easy, we always knew that. At the end of the day, we've made it to Rio, we didn't make it to London so we are going to seize this chance and show the world what we can do."

IFCPF would like to thank FECPC and all of their staff who made the Paralympic Draw a professional and exciting experience for all fans of Football 7-a-side.

2nd Site Visit for Rio2016 Paralympic Games

In April, IFCPF Secretary General Jan Hein Evers, Technical Director Tom Langen and Administrator Alice Holland visited Rio for the second time.

The Rio2016 Football manager Mr. Paulo Cruz was an excellent host of the site visit from April 17th - 22nd. The first day of the visit the PRIS (Paralympic Results and Information Services) document was validated. Next day a visit to the competition venue and the training facilities was on the programme. Although the constructions were in a very early stage the Rio Organizing Committee was confident that the venue will be ready in time and that the players can expect the best conditions both at the competitions field and the training fields.

A meeting with all of the departments such as transportation, sports equipment, accreditation, accommodation was scheduled on the 3rd day.

Before leaving Rio, a meeting with Juergen Padberg from IPC was programmed. He gave an update on IF's, IOSD's and sport related issues. After his presentation a visit to the almost ready Paralympic village was on the program.

The overall impression was that still a lot of work has to be done and both IFCPF Board members and the Football manager Paulo Cruz have a main concern regarding the maintenance of the field after the Rugby 7 competition and the Modern Pentathlon.

The company responsible for the field of play have provided a detailed programme of maintenance to Rio2016 and IFCPF outlining all the work which will take place to ensure a high quality field of play for the competition.

Asian Football Confederation MOU



The Asian Football Confederation (AFC)'s commitment to inspire hope and promote social development through football was further

strengthened as the AFC Social Responsibility (SR) Committee concluded its second meeting in Kuala Lumpur.

The Committee approved the AFC's Memorandum of Understanding (MoU) with the International Federation of Cerebral Palsy Football (IFCPF). The partnership will solidify and promote the development of Cerebral Palsy Football through a series of programmes and competitions, beginning with the AFC Youth CP Football Tournament in 2017.

UEFA Football and Social Responsibility Report 2014/15

In May there were two meetings with UEFA in Switzerland. UEFA is an important partner of IFCPF because we are part of the UEFA Football and Social Responsibility Programme (FSR). For five years, we have received financial support from UEFA, and we still one more year after this season. It is not yet clear about the continuation of the FSR programme after 2017 as it depends on the UEFA presidential elections which take place on 14th September in Athens.

Prior to the UEFA Europa League final in Basel, UEFA hosted a lunch for all FSR partners, which included useful meeting to share experiences with other football federations and football oriented partners.

The annual workshop with all partners FSR took place at the UEFA offices in Nyon on 23rd & 24th May. A lot of attention was spent on the preparation of the annual report and about the use of the key performance indicators in the report. In addition, there were presentations from UEFA about Medical & Anti-Doping Programmes, good quality of photos and videos, Match Fixing, Social Responsibility & Sustainability at EURO2016 and the Womens UEFA EURO2017 and Corporate Communications. The workshop was very informative and a useful opportunity for IFCPF.

"The 2014/15 season marks the midway point in our current five-year football and social responsibility cycle (2012-17). Our desire to move ever forward on this exciting journey remains as strong as ever, and we are using our annual FSR reports to build on the successes of the past by assimilating lessons learned." - UEFA

More information can be found on the UEFA website: www.uefa.org/social-responsibility/index.html

IFCPF Technical Committee meeting Salou, Spain

During the Pre-Paralympic Tournament, the IFCPF Technical committee met face to face for their 2016 meeting.

It was the first time the IFCPF Technical Committee met face to face with the new members Skye Arthur Banning (Officiating), Sei-Poong Oh (Asia representative) and Ismael Sanchez (Europe representative and tournament adviser for Local Organising Committees). At the meeting 4 presentations were delivered with the themes Rio2016 by Paulo Cruz, Officiating 2016-2020 by Skye Arthur-Banning, Evidenced-Based Classification by Raúl Reina and Development by Tom Langen.

A great part of the meeting was spent on discussions regarding the proposals forwarded by the Coach Working Group (CWG). Stuart Sharp represented the CWG and gave detailed explanations regarding some proposed rule changes like Off-side, Female Participation and Development, Number of Players, World Ranking Lists.

Kenya Workshop

In the very nice and friendly country of Kenya, IFCPF course instructors delivered a 2 day workshop for 17 participants about Coaching and Classification in CP Football.



The participants included physiotherapists, coaches, administrators and members of the Kenya National Paralympic Committee. Also taking part were 10 motivated CP players. With the 10 CP players we could practice classification and training sessions. The course was held at a very nice accommodation Kenya School of Monetary Studies.

The participants did great, after two days they already recognised most of the classes on the field, and they also delivered good training sessions. We hope and think that Kenya have a good future in CP Football and a good foundation to hopefully soon take part in international tournaments.

The main goal for Kenya is to play in an

international tournament in the next two years. Together they are making good plans of how to get there.

Altogether the course in Nairobi (Kenya) was a great success, they have a long way to go but everyone is very motivated to make the right steps. Rene Jurrius and Paulo Cruz, as Technical Instructors, would like to thank the organisation (Kenya Paralympic Committee) for the very good days with a very fine organisation and a great accommodation.

Also we want to thank the very motivated participants and wish them all the luck and wisdom to start with CP Football in Kenya.

Supporting Colombia to take the next step



We want to thank Marcela Ramon President of (FECDE PC) for inviting IFCPF to come to Colombia, offering the opportunity to help this beautiful Football country. Also we want to thank the employees of FECDE PC for the perfect organisation.

IFCPF conducted a 3 day Coach Education & Classification Course. In total 30 participants took part in the course, including 20 coaches and 10 physiotherapists. Coaches attending the course were of course very interested in the coaching sessions, tactics and training ideas part of the course conducted by the course instructor René Jurrius, while the Physiotherapists were supported by International Classifier Marcello Sanchez to learn more regarding classification.

Colombia has history with CP Football development but hasn't yet made the step towards international participation. However, they have already developed a regional programme of CP football teams and every year host a National Championships. The next stage is a long term development plan around the national team.

During the three days of the course, working with the participants and the organisation, Federacion Colombiana De Deportistas Con Paralisis Cerebral (FECDE PC) devised a draft development plan to establish a good structure for the national team.

The coaches were inspired and motivated during the course and were able to produce and present good training sessions, including technical and tactical exercises to their fellow coaches. The physiotherapists gained a lot of knowledge regarding classification and we hope that a lot of them will be part of the new IFCPF classification education.

We hope to see and meet Colombia soon in international tournaments.

Updated Laws of the Game

The International Football Association Board (The IFAB) recently launched its own media platforms. You can find the official site at www.theifab.com

The launch arrives just in time for the introduction of the new Laws of the Game, which came into force from 1 June 2016.

The IFAB is the universal decision-making body for the Laws of the Game of association football. Its objectives are to safeguard, compile and amend the Laws as they apply within the scope of world football as organised by FIFA, which includes ensuring that the Laws are uniformly applied worldwide and monitored accordingly, and that organized football is practiced consistently.

The IFAB's media platforms were developed to focus on the Laws of the Game of football, to promote the consistent understanding and application of these laws and to serve as an important reference for all related questions. This information is now easily accessible and all in one place.

The IFAB website contains information on the recently revised Laws of the Game 2016/2017, including all relevant explanatory documents and examples for easier reference and understanding.

Pre-Paralympic Tournament

A great tournament facility and outstanding football from the players was on show for the IFCPF the Pre- Paralympic Tournament which took place from 30th April to 7th May at Sports Complex Football Salou. Ukraine finished as the winning team of the tournament after having beat Brazil by 2 goals scored (0-2) at the end of the last day. The Netherlands took 3rd place to beat Great

Britain by 3 goals to 2. Ireland finished 5th place, USA 6th and Argentina 7th.



Special recognition for the hard work of the local organizing committee and volunteers who helped to deliver a successful tournament.

IFCPF 2017 CP Football World Championships



IFCPF awarded the IFCPF 2017 CP Football World Championships to Argentina, which will be hosted in San Luis from 3rd-22nd September 2017.

"Our intention is to foster this spirit, and that is why Argentinian Federation of Sports for People with Cerebral Palsy (FADEPAC), the Argentinian Federation of Cerebral Palsy football (FAFPC) and the Argentinian Paralympic Committee (COPAR) want to organize the IFCPF 2017 CP Football World Championships.

FADEPAC and FAFPC have worked with great motivation to place CP football at a high level. We have grown in the last years to reach high level clubs, players and coaches; today we have three National Teams (Senior Team, U 18-Team, U 16-Team).

We also have 6 local leagues, 8 development

schools and National tournaments, both recreational and professional. Three years ago, we only had 4 clubs, 2 coaches and 30 players. We are proud to promote that people with disabilities could discover, enjoy and live sport to its peak."

The Argentina coach Osvaldo Hernández is very proud that his country has the opportunity to host this important CP Football event. In a personal message to IFCPF President Sandy Hermiston he stated: "I would like to express my deepest gratitude for choosing Argentina to host the IFCPF 2017 CP Football World Championships in San Luis. I believe the philosophy of the IFCPF fully agrees with our way of working".

Athlete Interviews



Lars Conijn - Netherlands

How do you feel about competing in the Rio2016 Paralympic Games?

"It's really amazing. I went to London as well so I know what's coming for me. It feels amazing for us and all the best teams in the world competing together."



Taras Dutko - Ukraine

Do you think you will win the gold medal in Rio?

"We hope so but we will try our best"

What advice do you have for young people with Cerebral Palsy who are interested in playing football?

"The most important thing is to believe that you will do it, try your best and finally you will achieve your goals"



Luke Evans - Ireland

What is it like to be part of the Paralympic football team?

"It's a great honour, I'm very proud to be a part of the team and I feel that every time I play."

How prepared do you think you are for the Paralympic Games in Rio?

"I think we're very prepared at the moment, we're in good shape. We've got about a 100 days before the Paralympic Games so there's definitely room for improvement, so we'll keep on improving and getting better."

Classification



PhD student, María Campayo, presented her thesis about CP Football, titled: "Test battery to improve classification processes in para-footballers with hypertonia, ataxia and athetosis. The outcomes of this PhD will be the reliability of some tests that we are including in the classification process to improve the decision-making across the current cut-points.

In Paralympic Sports, impairments that impact on the sport should be identified to determine eligibility (IPC, 2015), and identifying which

activities are essential to perform specific football skills will help to promote and develop classification systems based on scientific evidence (Reina, 2014). The aim of this study is to examine the reliability of a battery test to assess the activity limitation required to be eligible for CP Football (Football-7-a-side at the Paralympic Games) and to assist in the decision-making between the four current classes (FT5, FT6, FT7 and FT8: cut-points).

Depending on the test, a range of 53 to 129 CP Football players (CPFP) (26.3 ± 7.1 yr; 175.6 ± 7.1 cm; 70.1 ± 9.0 kg; 11.4 ± 7.1 yr playing) and 12-36 non-impaired football players (NE) (19.4 ± 3.3 yr; 178.0 ± 5.9 cm; 72.6 ± 7.8 kg; 9.8 ± 5.2 yr playing) were evaluated. Both groups had similar performance status, measured by training hours per week and games per month. CPFP data collection occurred at the 2013 CPISRA Intercontinental Cup; the NE control data was collected during training. Eighteen tests were performed and classified as: coordination (heel-toe placement, split jump, running in place, side stepping, hexagon and skip 10m), sprint (40m and 40m with ball), range of movement (back step lunge), agility (mat, Illinois, Illinois with ball and turning and dribbling) and power (standing broad jump, counter movement jump, 4 bounds for distance, triple hop, dynamometry). The teams were measured in two hour blocks, where 2-3 players were test in each station simultaneously, performing each test twice, while rotating in the same direction, in order to randomize the data and to complete the station test at the end of the two hours. One way Anova, Cohen's d and within-session standard Error of Measurement (SEM) and Interclass Correlation (ICC) were calculated.

For coordination, CODA and balance, all performed test showed significant differences ($p < .001$) with d values among 0.71-2.01, 1.48-2.42 and 0.09-4.05 respectively. For power test, four of the five evaluated test presented significant differences with d values among 1.46-3.05. On the other hand, fifteen of the sixteen variables obtained on the sprint tests showed significant differences with d values among 0.55-2.29.

Regarding ICC, the high reliability founded indicates that the battery of test allows players' ranking. Therefore, they can be applied as assessment tools for CP football players, as well as the classification process of CP football. Furthermore, the low variability observed in the SEM values states that these tests are reliable between different measures, being unexpected different results among different evaluations. The tests applied tests were able to identify the activity limitation of CP football players, therefore, has the potential to be used for eligibility in this para-sport, and also, to decide

among some of the current cut-points: FT5vFT8, FT6vFT8, FT7vFT8, and FT8vNE.

Whereabouts Programme

After the establishment of the IFCPF Anti-Doping Code and its endorsement by the World Anti-Doping Agency (WADA), IFCPF implemented this year to officially start a programme to fight against doping. This programme includes in-competition testing but also out of competition testing programme through a Whereabouts Programme.

A nominative list of targeted players was set up in coordination with the Technical Department. This Registered Testing Pool (RTP) includes 10 players from 9 countries around the world (Netherlands, Japan, Russia, Iran, Argentina, Ireland, Ukraine, England, Brazil). Those will be called to submit their location through ADAMS, so that they can be tested any time.

Then, IFCPF Anti-Doping Committee set a goal to control these players before the Rio 2016 Paralympic Games. At the date of May first, 2016, the National Federations involved in the Whereabouts Programme were informed by our Anti-Doping Committee which is waiting the answers of their players, through ADAMS. The tests will be performed in their country through National Anti-Doping Organisations or optionally through other organizations providing this kind of service.

REMINDER - Members Questionnaire

We would appreciate if you could complete the questionnaire on behalf of your organization and provide as much detail as possible.

This questionnaire is for 2015 (1st January 2015 to 31st December 2015).

We would like to emphasise the need for copies of your results from your national championships.

If you have any questions please contact Jan-Hein Evers (IFCPF Secretary General) at jhevers@ifcpf.com

Once completed please return to aholland@ifcpf.com with any additional documentation by February 29th 2016.

2016 Tournaments

International Trophy of Barcelona
9th - 12th June (*Barcelona, Spain*)

International Tournament - Netherlands
18th - 26th June (*Netherlands*)



**IFCPF 2016 World Championships
Qualification Tournament**
26th July - 7th August (*Vejen, Denmark*)



Rio 2016 Paralympic Games
7th - 18th September 2016 (*Brazil, Rio de Janeiro*)

2017 Tournaments

IFCPF 2017 CP Football World Championships
3rd-22nd September (*San Luis, Argentina*)

2017 Youth ParaPan American Games - CP Football Under 19
20th-25th March (*Sao Paulo, Brazil*)

2017 AFC Youth CP Football Tournament - Under 19
TBC

Social Media

IFCPF uses a range of media and social media to promote CP Football and the great work of all our members.

Please remember to share your news items, posts and promotional materials with IFCPF so we can continue to support you.



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